**Cheer, Chant, Dance** (Score 1-5: 1=Poor, 5=Excellent) **Stunting**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **Execution** | **Timing** | **Cradle** |  |
| **Prep Cradle** |  |  |  |  /6 |
| **Extension Cradle** |  |  |  |  /9 |
| **Single Leg Cradle** |  |  |  |  /12 |
| **Full up to extension Cradle** |  |  |  |  /15 |
| **\*Full down +2 bonus pts.\*** |  |  | Total | **/15** |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **Execution** | **Knowledge** | **Voice/****Performance** | **Total** |
| **Cheer** |  |  |  |  |
| **Chant** |  |  |  |  |
| **Dance** |  |  |  |  |
|  |  |  | **Overall Total** | **/45** |

**Jumps** (Score 1-5: 1=Poor, 5=Excellent)

|  |  |  |  |
| --- | --- | --- | --- |
|  | **Execution** | **Height** | **Total** |
| **Toe Touch** |  |  |  |
| **Combination Jump**  |  |  |  |
| **\*\*Bonus- Athlete may show one** | **Toe Touch BHS 1pt.** | **Toe Touch Tuck 2pts.** |  |
|  |  | **Overall Total** | **/20** |

**Tumbling- Athlete may show only show ONE skill (**Execution Score 1-5 1=Poor, 5=Excellent)

|  |  |  |
| --- | --- | --- |
|  | **Difficulty** | **Execution** |
| **Back handspring** | **1 pt.** |  |
| **Round off Back handspring** | **2 pts.** |  |
| **Back Tuck** | **3 pts.** |  |
| **Round off Back handspring Back Tuck** | **4 pts.** |  |
| **Round off Back handspring Full or Layout** | **5 pts.** |  |
|  | **Overall Total** | **/10** |

**Interview**

|  |  |  |
| --- | --- | --- |
|  | **Looking for:** | **Score** |
| **Content of Answers/Coachability/General Attitude** | -Well‐constructed, confident responses with examples-Consistently relates how skills will contribute to being a team member-Open to reflect and feedback-Interested and enthusiastic |  |
|  | **Overall Total** | **/10** |

 **Total Overall Score \_\_\_\_\_/100**